

Other Helpful Contacts

National Alliance for the Mentally Ill

The Schrafft's Center
529 Main Street, Suite 1M17
Boston, MA 02129-1125
Phone: 617-580-8541
Fax: 617-580-8673

Emergency Services/Crisis 24 hour Service (ESP)

Statewide ESP Toll-Free Number
877-382-1609

Local ESP Toll-Free Number
Lahey Behavioral Health Services
866-523-1216



Executive Office of Health and Human Services
Department of Mental Health
North Shore Site Office
45 Congress Street, Suite 4120
Salem, MA 01970



North Shore Site Office

Department of Mental Health
45 Congress Street, Suite 4120
Salem, MA 01970

Phone: 978-741-7300
FAX: 978-741-7340
TTY: 978-741-7360

Serving: Beverly, Danvers, Essex, Gloucester,
Hamilton, Ipswich, Manchester, Marblehead,
Middleton, Peabody, Rockport, Salem,
Topsfield, Wenham



*Mental illnesses are real,
recognizable and treatable.
Help is available.*

Department of Mental Health Mission

The Department of Mental Health (DMH), as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work and participate in their communities. The Department establishes standards to ensure effective and culturally competent care to promote recovery. The Department sets policy, promotes self-determination, protects human rights and supports mental health training and research.

This critical mission is accomplished by working in partnership with other state agencies, individuals, families, providers and communities.



APPLYING FOR DMH SERVICES

Any person or legally authorized representative may submit an application. The Clinical Service

Authorization Unit reviews all applications including relevant psychiatric and social history. Clinical criteria for DMH services includes having a qualifying mental disorder requiring treatment and meeting functional impairment and illness duration criteria.

Individual services are authorized based on the applicant's needs, means, preferences and availability of resources.

To Access Application Forms

DMH website: www.mass.gov/dmh

Connecting People in Communities



The DMH Northeast Area,
either in partnership with private
agencies or directly, provides a variety
of rehabilitative services which

include:

- ◆ Adult Community Clinical Services (ACCS)
- ◆ Culturally and Linguistically Accessible Services
- ◆ Case Management
- ◆ Clubhouses
- ◆ Respite Services
- ◆ Homeless Services
- ◆ Recovery Learning Community
- ◆ Program of Assertive Community Treatment (PACT)
- ◆ Crisis Planning
- ◆ Transition Age Services
- ◆ Court Clinic
- ◆ Assessment and Consultation
- ◆ Community Education
- ◆ Short Term Services



ADULT CASE MANAGEMENT

Case Management provides comprehensive assessments, individual service planning, crisis/risk planning, coordination of and linkages to community-based and DMH funded services for authorized individuals.

The outcome of the assessment and personal preferences of the individual guide the service planning process. The Case Manager will partner with the individual on his/her recovery journey. This is accomplished by listening, assessing, planning, advocating, and linking each individual with the most effective, person centered service(s) possible based on the individual's needs and preferences. It is also accomplished by assisting the individual with developing and connecting to natural supports that can enhance his/her recovery journey.

For more information contact:

**Department of Mental Health
North Shore Site Office**

at

978-741-7300

Fax: 978-741-7340

